

AFTER CARE INSTRUCTIONS

FIRST DAY AFTER THE TREATMENT

- Mild redness and a sunburn-like sensation may occur.
- Apply cold compresses if needed to reduce discomfort.
- Do not wash the treated area for 24 hours after the treatment.
- Avoid touching, rubbing, or scratching the skin.
- Do not apply makeup during the first 24 hours after the treatment.
- Avoid direct sun exposure.
- Do not exercise for 24 hours after the treatment.

DURING THE FIRST 48 HOURS

- Wash the treated area with the cleanser provided.
- Keep the skin hydrated with the cream provided.
- Avoid saunas, steam rooms, pools, and hot tubs.
- Do not use physical or chemical exfoliants.
- Do not use retinol, AHA, BHA, or vitamin C.

DURING THE FIRST WEEK

- Use broad-spectrum sunscreen SPF 30 or higher. Reapply sunscreen every 2–3 hours if exposed to the sun.
- Avoid prolonged sun exposure.
- Do not scratch or remove any crusting or peeling.
- Avoid chemical peels or microdermabrasion.
- Avoid additional facial treatments.

GENERAL RECOMMENDATIONS

- Temporary darkening of the treated area is normal.
- Mild peeling may occur in the following days.
- Keep the skin hydrated during the recovery process.
- Avoid tanning beds.
- Avoid irritating products until the skin is fully recovered.

CALL US IF YOU HAVE ANY QUESTIONS OR CONCERNS.